

**Attention Veterans!** Do you have PTSD? Trouble sleeping? **Are you a female?** You may be eligible to help us test different medications to see if they can help women Veterans with PTSD and sleep problems.



A research study,  
“National Addaptive  
Trial for PTSD relat-  
ed Insomnia” (NAP)  
is seeking women  
Veterans with PTSD  
or PTSD Symptoms

So far, no medication has been shown to specifically treat insomnia (trouble sleeping) in individuals with PTSD. This study is trying to learn whether taking medications trazodone, eszopiclone, or gabapentin will help decrease symptoms of insomnia. The study will last almost 6 months if you are eligible and agree to participate. If you are eligible and decide to enroll, you will receive study medications for approximately 12 weeks and be asked to come in or do phone follow-up visits.



**VA** | U.S. Department  
of Veterans Affairs

National Study Chair:  
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Local Site Investigator:  
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**For more information about this study, con-  
tact the study staff at : 612-670-7869**